



Maritime Leadership I

Understanding your leadership role

This course gives you insights into leadership beliefs, theories, and elements. It also presents practical tools that help you in understanding your role as a leader and improving your leadership competences.

Leading people

Leadership mindset

Framing and nurturing the right leadership mindset is a challenge for those already holding leadership positions and those who are just starting up in their leadership roles. It requires continuous reflection on how they deal with every situation and reality at work.

This topic provides insights into the different tried and tested qualities and beliefs that make a good leader based on people's perception.

Key elements of leadership

Even though some individuals seem like they were naturally born with a capacity to lead, everyone can learn and develop the characteristics, traits, and skills that form the foundation of leadership.

This topic presents components that are key in good leadership: direction, awareness, openness, atmosphere, and action.

Leadership ladder

Among the key factors to achieve effective leadership is investing in leadership development. To facilitate their leadership growth successfully, leaders need to be fully aware of where they are on their leadership journey and where they go from there.

In this topic, the leadership ladder, its steps, and its use as a guide for planning and strategising long-term growth for leaders are explained. Some ways to step up the leadership ladder are also discussed.

Leadership styles

There is no single best style of leadership. For leaders to become effective in their leadership role, they need to be continuously aware of the prevailing circumstances, profile, perceived level of competence and commitment of a team member in a particular task.

In this topic, the 'Gauge and Adjust' model is presented as a guide in showing flexibility with one's leadership styles.

YOUR HEADWAY >>

Knowing yourself I

Johari window

The Johari window is a simple and useful tool for understanding oneself and how to contribute to the achievement of the team's goals. Through this, individuals become more aware of their strengths and weaknesses, and how to better utilise their capabilities when dealing with other people.

This topic presents the Johari window and its effective way of utilising it in improving self-awareness, leadership, and teamwork.

Self and role-awareness

Individuals who are fully aware of their personal strengths and weaknesses have a greater potential to become effective leaders. In the same way, when they recognise the positive behavioural indicators of an effective leader, they will be in a better position to acquire or develop those behaviours.

This topic explains the importance of role and self-awareness and the tools to make a personal and job profile.